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Is there an ideal protocol for sampling macroinvertebrates in springs?

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1 **Abstract**

2 Sampling in springs has several technical problems, due to their reduced dimensions and
3 habitat heterogeneity. A standardised quantitative method for sampling crenic
4 macroinvertebrate has never been proposed. The aim of this study is to compare different
5 sampling methods, and considering their environmental impacts. Firstly, we present a review
6 of sampling methods found in the literature and discuss their advantages and disadvantages
7 with respect to selective gathering of the target community and habitat disturbance.
8 Altogether, ten different methods have been reported, the use of nets being the most common
9 protocol. Secondly, we report the results of macroinvertebrate samplings performed in three
10 springs, each surveyed twice, using three different methods (multi-habitat proportional hand
11 net, baited traps and vegetation washing), in order to compare their effectiveness in collecting
12 macroinvertebrates. Overall 32 macroinvertebrate taxa, mostly identified at family level, were
13 collected in the sampled springs. Significant differences in abundances were found using
14 different methods, while results on community structure were comparable between the hand
15 net sampling and the combined use of the other two methods, although with slight differences
16 in the composition of Coleoptera and Diptera assemblages. The hand net, with a multi-habitat
17 proportional approach, provided more thorough results, making it suitable for biodiversity
18 inventories but having some potentially negative effects on spring habitats. Traps and
19 vegetation washing are also reliable methods with negligible impacts on spring ecosystems,
20 that can be conveniently used in ecological studies.

21
22 **Keywords:** springs, sampling methods, macroinvertebrates, biodiversity, impact assessment.
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29 Introduction

30 In spite of the their small size, the spring ‘mosaic’ ecotonal structure results in a number of
31 microhabitats that sustain high species richness (Cantonati *et al.* 2012). Several studies have
32 highlighted the high biodiversity of macroinvertebrates in springs and the presence of rare and
33 endemic species (e.g. Takhteev *et al.* 2010; Maiolini *et al.* 2011; Kubíková *et al.* 2012; Martin
34 & Brunke 2012; Spitale 2012; Spitale *et al.* 2012). Despite great interest in spring
35 biodiversity, a standardised quantitative method for sampling crenic macroinvertebrate taxa
36 has never been developed. On the contrary, the use and limits of various standard methods for
37 sampling aquatic benthic macroinvertebrates have been extensively discussed (e.g. Davies
38 2001). The technical difficulties of sampling in springs were well summarised by Gerecke and
39 co-authors (2007): ‘The main dilemma of limnological studies in springs probably derives
40 from the generally reduced dimensions and extreme heterogeneity of the habitat’.
41 Furthermore, many authors (Gerecke *et al.* 1998; Zollhöfer 1999; Myers & Resh 2002;
42 Staudacher & Füreder 2007; Tichá *et al.* 2012) noted that some surveys, which involved
43 samplings in all microhabitats, could be destructive for the environment and the biota of these
44 fragile ecosystems. Cantonati and colleagues (2007) suggested effective methods for
45 collecting spring invertebrates, but a variety of methods have been adopted in crenic
46 investigations. Previous studies on macroinvertebrates in different aquatic ecosystem have
47 shown that sampling methods affect the data precision, and the selection of sampling
48 technique is among the most important decisions for freshwater studies (Carter & Resh 1993).
49 Standardise the sampling procedure is thus necessary in order to obtain precise and
50 comparable biological data for spring surveys and assessment,
51 The aim of this study was to summarize sampling methods in springs and to compare the
52 effectiveness of some semi-quantitative sampling methods, taking into account their potential
53 impacts on spring habitat and biota.

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The use and limits of various standard methods for sampling aquatic benthic macroinvertebrates have been extensively discussed (see, for example, Davies 2001).

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Eliminato: Combined methods have been frequently used in the same study (Williams 1991; Erman & Erman 1995; Crema *et al.* 1996; Bonettini & Cantonati 1998; Erman 1998; Myers & Resh 2002; Sambugar *et al.* 2006; Staudacher & Füreder 2007; Bottazzi *et al.* 2011; Gerecke *et al.* 2011, Spitale 2012).¶
Standard Surber samplers (sampling area: 0.09-0.1 m²) have been rarely used (Smith *et al.* 2003; Barquín & Death 2008). More frequently, smaller samplers were preferred (Erman & Erman 1995; Erman 1998; Zollhöfer 1999; von Fumetti *et al.* 2006; Gerecke *et al.* 2011). Mesh size of Surber, kick or hand nets varies from 100 µm to 1 mm. Gerecke *et al.* (2007) suggested to consider different microhabitats when sampling in springs, if possible respecting the relative microhabitat covering. Few studies chose a multi-habitat proportional approach (Crema *et al.* 1996; Zollhöfer 1999; Martin & Brunke 2012) or tried to sample all the substrates (Bonettini & Cantonati 1998; Mezzanotte & Sambugar 2004; Ilmonen *et al.* 2012).¶
Moreover, many authors (Gerecke *et al.* 1998; Zollhöfer 1999; Myers & Resh 2002; Staudacher & Füreder 2007; Tichá *et al.* 2012) pointed out that a survey with net in all microhabitats could have serious consequences for the environment and the biota.

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92 **Materials and methods**

93 Three rheocrenic, permanent springs located between 474 and 589 m a.s.l. in the ‘Mount
94 Prinzerà’ protected area (lat: 44°37’N; long. 10°03’E), an ophiolitic outcrop in northern Italy,
95 near Parma, were selected for the study. Samplings were carried out in two seasons (May-
96 June and August-September 2014). Macroinvertebrates were collected using three methods:

97 1- Multi-habitat proportional net: a hand net (frame dimensions: 10x10 cm; mesh size: 255
98 µm) was used for 10 replicas in each site. Substrate was sampled for an area equal to the net

99 frame for 15 second for each replica. Every microhabitat was sampled for a number of
100 replicas proportional to its percentage cover in the spring. For example given the substrate
101 composition of 50% of gravel, 30% of mosses and 20% of silt, 5 replicas were done for
102 gravel, 3 for mosses and 2 for silt. All the 10 replicas were composited into a single sample.

103 2- Vegetation washing: about 250 ml volume of submerged vegetation was collected and
104 washed in laboratory through a 255 µm sieve.

105 3- Traps: following Bottazzi et al. (2011), these traps were derived from PASCALIS research
106 project (Malard et al. 2002). They were built from PVC centrifuge tubes (length 100 mm;
107 diameter 28 mm), by cutting the conical end, drilling an opening (0.5 cm of diameter) in its
108 apex, and inserting it, inverted, into one end of the tube. The other end of the tube was closed,
109 with a 50 µm net. These traps were filled with washed and sieved gravel (0.3-1.0 cm). Traps
110 were baited with corned meat, placed at the sediment-water interface, and covered with stones
111 to keep them in place for 7-8 days. Two pairs of traps were deployed in each spring: one pair
112 at the source, and the other 2 m downstream. For each pair, one trap was placed with the
113 opening in the flow direction and the other in the opposite direction.

114 Vegetation washing and macroinvertebrate trapping were performed two weeks after the
115 sampling.

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141 In the laboratory, collected material were washed through a 255 µm sieve and fixed with 90%
 142 ethanol. Macroinvertebrates were identified with Plecoptera, Trichoptera, Ephemeroptera,
 143 Coleoptera, Diptera, Crustacea to the family and Hirudinea, Gastropoda, Collembola,
 144 Hydrachnidae, Odonata, Oligochaeta to coarser taxonomic level.
 145 Differences in organism abundance between the three methods were tested with an Analysis
 146 of the Variance (ANOVA). Logarithmic transformation was used to obtain normal distribution
 147 and homogeneity of data, as determined by Shapiro and Bartlett tests (Legendre & Legendre
 148 2012). Non-metric multidimensional scaling (NMDS, Legendre & Legendre 2012) was
 149 performed to evaluate possible differences in community structures determined by different
 150 methods. Centroids of methods were fitted on NMDS plots in order to identify these
 151 differences, then tested with Permanova (Anderson & Walsh 2013). Differences between
 152 methods were assessed by considering both the three different methods (net, vegetation
 153 washing, and traps) and combining data from vegetation washing and traps. Differences were
 154 also tested for each of the most diverse insect orders (Trichoptera, Coleoptera, and Diptera).
 155 Statistical analyses were performed using the R software, version 3.0.0 (R Development Core
 156 Team 2013), and vegan package version 2.0-7 (Oksanen et al. 2013).

157

158 Results

159 Ten different methods have been found; the use of hand or kick net is by far the most used
 160 protocol (table 1).

161 Overall 32 taxa were collected in our survey (Table 2). Insect orders with the highest number
 162 of families were Diptera (9), Trichoptera (7) and Coleoptera (6). Chironomidae was the most
 163 abundant taxon collected with the net (1029 specimens) and vegetation washing (60), whereas
 164 traps collected the highest number of Niphargidae (293). Lepidostomatidae, Chironomidae,
 165 Ceratopogonidae, Hirudinea, and Gastropoda were found in all samples collected by the net.

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Eliminato: Table 1 reports the main sampling methods found in the literature for springs.

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187 The maximum number of taxa collected in one sampling session was eight using the net, and
188 11 combining traps and vegetation washing. Thirteen taxa were collected by all methods; net
189 and the traps samplings shared seven taxa, whereas net and vegetation washing shared eight
190 taxa. Finally, Hydropsychidae, Limnephilidae, and Hydrophilidae were only found in net
191 samples, and Empididae were exclusively collected with traps (table 2).

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192 Differences in taxa abundance between methods resulted significant, both considering the
193 three distinct methods (fig. 1; $F = 16.180$; $p < 0.001$), and merging the traps and the
194 vegetation washing (fig. 2; $F = 9.464$; $p = 0.012$).

195 Sampled communities formed three distinct groups near their centroids in the NMDS plot
196 (stress = 0.15 – fig.3). This indicates differences in macroinvertebrate assemblages according
197 to the methods, as confirmed by the Permanova test ($R^2 = 0.223$; $p = 0.010$). Stress was 0.13
198 in the plot of NMDS ordination obtained merging data collected with traps and vegetation
199 washing (fig.4). The groups of the two different methods (net and traps plus washing
200 vegetation) were less detectable. Permanova test ($R^2 = 0.136$; $p = 0.134$) indicated that there
201 was not a significant difference between communities sampled with these two methods.
202 Net sampling and combined traps and vegetation samples showed differences for Coleoptera
203 ($R^2 = 0.219$; $p = 0.030$) and Diptera ($R^2 = 0.250$; $p = 0.005$), but not for Trichoptera ($R^2 =$
204 0.056 ; $p = 0.826$) (fig. 5).

Eliminato: Fig. 3 shows the NMDS ordination plot and the centroids of the three distinct methods (stress = 0.15).

Spostato in giù [1]: The plot of NMDS ordination obtained merging data collected with traps and vegetation washing is reported in Fig. 4

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206 Discussion

207 The lack of a standardised sampling protocol for springs has led to the use of a wide variety of
208 methodologies. Standard Surber samplers (sampling area: $0.09\text{--}0.1\text{m}^2$) have been rarely used
209 (Smith et al 2003; Barquín & Death 2008). More frequently, smaller samplers were preferred
210 (Erman & Erman 1995; Erman 1998; Zollhöfer 1999; von Fumetti et al. 2006; Gerecke et al.
211 2011). The mesh size of Surber, kick or hand nets varies from $100\text{ }\mu\text{m}$ to 1 mm . Gerecke et al.

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(2007) recommended sampling different microhabitats in springs, at their relative
 microhabitat proportion. However, few studies have used a proportional multi-habitat
 approach (Crema *et al.* 1996; Zöllhöfer 1999; Martin & Brunke 2012) or sampled all
 available substrates (Bonettini & Cantonati 1998; Mezzanotte & Sambugar 2004; Ilmonen *et al.* 2012). In addition, combined methods have been frequently used in the same study
 (Williams 1991; Erman & Erman 1995; Crema *et al.* 1996; Bonettini & Cantonati 1998;
 Erman 1998; Myers & Resh 2002; Sambugar *et al.* 2006; Staudacher & Füreder 2007;
 Bottazzi *et al.* 2011; Gerecke *et al.* 2011, Spitale 2012).
 Each method has advantages and disadvantages that may be dependent on the specific aims of
the study. Methods such as the use of sweep nets or emergence traps sample only organisms
 with aerial imagoes, whereas drift tubes/nets underestimate taxa not exposed to drift for
 behavioural or niche characteristics. Also methods that require collection by sight could be
biased against small, more-mobile and less-visible organisms. Surber net, Bou-Ruch pump,
 and core-sampler may allow the collection of quantitative data, but the Surber net is usually
 too large to be used in springs (see Gerecke *et al.* 2007), and the Bou-Rouch pump and the
 core sampler only collect sediment and interstitial samples.
 Our results showed that macroinvertebrate community structure estimated by traps and
 washing vegetation can be considered comparable to those obtained with net. The four taxa
 exclusively collected by the net, Hydropsychidae, Limnephilidae, Tipulidae, and
 Hydrophilidae, have body sizes larger than the opening of the traps (Tachet *et al.* 2000).
 Furthermore Hydropsychidae, Limnephilidae, and Tipulidae rarely inhabit aquatic vegetation,
 and Hydrophilidae organisms are very mobile and could escape during vegetation collection
 (Tachet *et al.* 2000). Although similar communities were collected by both net sampling and
 combined vegetation washing and trap sampling, there were some differences. The two
methods produced different results for Diptera and Coleoptera which was probably related to

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Eliminato: Since spring fauna shows an evident habitat-preferences (von Fumetti *et al.* 2006), single micro-habitat protocols should be used only to survey specific target taxa. As a consequence, a multi-habitat methodology allows a better estimation of the overall biodiversity. In order to obtain more comparable results, Gerecke *et al.* (2007) recommended to respect the relative covering of different habitats, using proportional sampling time for each substratum, also including transition zones among different substrata since they may host specialised taxa. On the other hand, the multi-habitat proportional sampling is considered by the Water Framework Directive (Directive 2000/60/EC) as the best approach for assessing macroinvertebrate diversity.¶

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294 issue with single-habitat protocols. For example, traps and washing vegetation probably
 295 underestimated the presence of taxa not associated with vegetation or not attracted by meat.
 296 The abundances of organisms collected by traps and vegetation washing were significantly
 297 lower than those collected by net. Therefore the impact of these protocols on spring fauna
 298 would be expected to be lower, at least on some taxa. In addition, net sampling requires
 299 brushing, scraping, digging, and squeezing of different microhabitats and substrata, which
 300 cause disturbance of springs habitats and unknown recovering times. The use of traps is more
 301 time-consuming than other methods, because they require an additional visit to the springs to
 302 be removed. Finally, some sampling methods cannot be suitable in peculiar habitat
 303 morphologies: for example, some springs lack any kind of vegetation, and traps cannot be
 304 placed in hygropetric springs, where the sediment layer is too thin, or in helocrene springs,
 305 that often are too deep. Since spring fauna shows an evident habitat-preferences (von Fumetti
 306 et al. 2006), single micro-habitat protocols should be used only to survey specific target taxa
 307 or habitats. As a consequence, a multi-habitat methodology allows a better estimation of the
 308 overall biodiversity. In order to obtain more comparable results, Gerecke et al. (2007)
 309 recommended sampling available habitats, using proportional sampling time for each
 310 substratum and including transitional zones among different substrata since they may host
 311 specialised taxa. In addition, the multi-habitat proportional sampling is considered by the
 312 Water Framework Directive (Directive 2000/60/EC) as the best approach for assessing
 313 macroinvertebrate diversity.
 314 Analysed methods could be improved in order to be more effective. Traps may benefit from a
 315 bigger opening for the collection of organisms with larger body size and vegetation-washing
 316 method could be applied on more replicas of vegetation samples. Furthermore, surface
 317 sediment samples could be added to the combined method of traps and washing vegetation.
 318 In conclusion, the net and the vegetation washing with traps show different features and

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effectiveness, even though both protocols give very similar qualitative results. Indeed, the use of the net, with a multi-habitat proportional approach, provides more accurate and complete information, but also significant impacts on the biotic and abiotic components of springs. For these reasons, this method is only recommended for biodiversity inventories. On the other hand, traps and vegetation washing are still reliable methods with less negative effects on springs ecosystems, thus they are more suitable for ecological studies focused on the analysis of the community structure.

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Table 1: Spring sampling methods and relative references.

Methods	References
Surber sampler	Erman & Erman 1995
	Erman 1998
	Zollhöfer 1999
	Smith et al. 2003
	Von Fumetti et al. 2006
	Barquín, & Death 2008
Hand or kick net	Gerecke et al. 2011
	Williams 1991
	Gerecke & Cantonati 1998
	Hahn HJ. 2000
	Myers & Resh 2002
	Mezzanotte & Sambugar 2004
	Mori & Brancelj 2006
	Lencioni 2007
	Staudacher & Füreder 2007
	Ilmonen et al. 2012
	Kubíková et al. 2012
	Martin & Brunke 2012
	Rader et al. 2012
	Spitale 2012
	Tichá et al. 2012
Collection at sight	Williams 1991
	Bonettini & Cantonati, 1998;
	Gerecke & Cantonati 1998
	Myers & Resh 2002
	Gerecke & Di Sabatino 2007
Bou Rouch pump	Crema et al. 1996
Sweep net	Crema et al. 1996
	Sambugar et al. 2006
Core sampler/ sediment sample	Gooch et al. 1991
	Myers & Resh 2002
	Dumnicka et al. 2007
	Staudacher & Füreder L. 2007
	Worthington Wilmer et al. 2008
	Takhteev et al. 2010;
	Koperski et al. 2011
Traps	Spitale 2012
	Bottazzi et al. 2011
Drift tube or net	Stoch et al. 2008
	Bottazzi 2010
Squeezing mosses or washing vegetation	Bottazzi et al. 2011
	Gerecke et al. 2011
	Spitale 2012
Emergence traps	Erman & Erman 1995
	Erman 1998
	Gathmann & Williams 2009

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643 Table 2: List of taxa with related methods of collection.
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Taxa	Net	Traps	Vegetation washing
Leuctridae	+	+	+
Lepidostomatidae	+	+	+
Philopotamidae	+	+	+
Sericostomatidae	+	+	+
Chironomidae	+	+	+
Stratiomyidae	+	+	+
Psychodidae	+	+	+
Limoniidae	+	+	+
Dixidae	+	+	+
Scirtidae	+	+	+
Hydraenidae	+	+	+
Niphargidae	+	+	+
Gasteropoda	+	+	+
Collembola	+	+	+
Veliidae	+	+	
Ceratopogonidae	+	+	
Haliplidae	+	+	
Dytiscidae (adults and larva)	+	+	
Hirudinea	+	+	
Hydrachnidiae	+	+	
Nemouridae	+		+
Heptageniidae	+		+
Polycentropodidae	+		+
Beraeidae	+		+
Ptychopteridae	+		+
Simuliidae	+		+
Odonata	+		+
Hydropsychidae	+		
Limnephilidae	+		
Hydrophilidae	+		
Tipulidae	+		
Empididae		+	

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Figure captions

Figure 1: Logarithm of taxa abundances for the three distinct methods. Tested by ANOVA, differences in abundances between methods resulted significant ($F = 16.180$; $p < 0.001$).

Figure 2: Comparison of taxa abundances (log transformed) using net sampling and combing traps and vegetation washing. Tested by ANOVA, differences in abundances between methods resulted significant ($F = 9.464$; $p = 0.012$).

Figure 3: NMDS ordination of the three distinct methods (stress = 0.15). Black points are the centroids of methods (veg = vegetation washing). Grey points are sampled communities.

Figure 4: NMDS ordination of the net and the traps plus vegetation washing (stress = 0.13). Black points are the centroids of methods (traps+veg = traps plus vegetation washing). Grey points are sampled communities.

Figure 5: NMDS ordination of the net and the traps+vegetation washing for Trichoptera, Coleoptera, and Diptera. Black points are the centroids of methods (traps+veg = traps plus vegetation washing). Grey points are sampled communities.